

E- Learning Course - Reflective Log



Trainee name:

Session Date:	Start Time:	Finish Time:	Duration of Session:
What topics did I cover?		What did I already know?	
What did I learn?		What needs improving?	
What actions do I need to take?		When will I do this?	
When is my next session? Date. Time.		What are my goals for the session?	